

How Does It Work?

Initial phone call to EAP

Intake Call



Meet with counselor for assessment session/s (typically, 1-2 sessions)

Needs Assessment



Develop Problem Resolution Plan

Based on detailed assessment for which short-term therapy recommended, go forward with additional sessions under EAP model.



Short-Term
Solution- Focused
Counseling

Based on detailed assessment for which issue determined to be long-term, referred out of EAP for therapy and/or appropriate resources.



Referral to
Appropriate
Resource(s)

